

MANAGE PAIN AFTER SHOULDER SURGERY WITH EXPAREL



The first few days after surgery is the most important time for pain relief. To help, your doctor has decided to give you a non-opioid medicine called EXPAREL, which has been used safely in more than 10 million patients.

Your surgeon or anesthesiologist will use EXPAREL during your surgery. EXPAREL slowly releases a numbing medicine, bupivacaine [byu-piv-uh-cane], over time to help provide long-lasting pain relief. Your doctor may also prescribe other medicine to manage pain and swelling, such as acetaminophen and/or ibuprofen.

Unlike opioids, EXPAREL is not addictive. Because EXPAREL slowly releases bupivacaine, you may need less of other medicines. In fact, EXPAREL is proven to help patients use fewer opioids as they start recovery after surgery.*



WHEN YOU FIRST WAKE UP FROM SHOULDER SURGERY

- Your shoulder, arm, and fingers may feel numb, but that will go away
- Although you may not be able to move your arm or fingers immediately after surgery, this is only temporary



ABOUT A DAY AFTER SURGERY

- The nerves that help with movement start to “wake up”
- Your arm will tingle as feeling returns, which is normal and will go away
- EXPAREL will keep relieving your pain even after feeling in your arm returns



ABOUT 2 TO 3 DAYS AFTER SURGERY

- The first few days after surgery are typically when you feel the most discomfort
- EXPAREL is long lasting and has been proven to reduce pain scores for up to 72 hours (3 days)†

Follow the instructions you are given after surgery. If you experience severe pain that limits your daily activities, let your health care team know.

For HCP/office use only

Contact us: _____

Date administered: _____ **Time administered:** _____ **Dose administered:** _____

*The clinical benefit of the decrease in opioid consumption was not demonstrated in pivotal trials.

†This time frame pertains to certain surgeries, including shoulder.

Please see Important Safety Information on reverse and full Prescribing Information at www.EXPAREL.com/risks.

For more information, please visit www.EXPAREL.com/patient or call 1-855-793-9727.

NON-OPIOID
EXPAREL®
(bupivacaine liposome injectable suspension)

Indication

EXPAREL® (bupivacaine liposome injectable suspension) is indicated for single-dose infiltration in patients aged 6 years and older to produce postsurgical local analgesia and in adults as an interscalene brachial plexus nerve block to produce postsurgical regional analgesia. Safety and efficacy have not been established in other nerve blocks.

Important Safety Information

EXPAREL should not be used in obstetrical paracervical block anesthesia.

In studies in adults where EXPAREL was injected into a wound, the most common side effects were nausea, constipation, and vomiting.

In studies in adults where EXPAREL was injected near a nerve, the most common side effects were nausea, fever, and constipation.

In the study where EXPAREL was given to children, the most common side effects were nausea, vomiting, constipation, low blood pressure, low number of red blood cells, muscle twitching, blurred vision, itching, and rapid heartbeat.

EXPAREL can cause a temporary loss of feeling and/or loss of muscle movement. How much and how long the loss of feeling and/or muscle movement depends on where and how much of EXPAREL was injected and may last for up to 5 days.

EXPAREL is not recommended to be used in patients younger than 6 years old for injection into the wound, for patients younger than 18 years old for injection near a nerve, and/or in pregnant women.

Tell your health care provider if you or your child has liver disease, since this may affect how the active ingredient (bupivacaine) in EXPAREL is eliminated from the body.

EXPAREL should not be injected into the spine, joints, or veins.

The active ingredient in EXPAREL can affect the nervous system and the cardiovascular system; may cause an allergic reaction; may cause damage if injected into the joints; and can cause a rare blood disorder.

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